



**RUSSIAN  
SOCIETY  
OF CARDIOLOGY**



**TURKISH HYPERTENSION AND  
KIDNEY DISEASE  
ASSOCIATION**

## **JOINT MEETING OF**

**RUSSIAN SOCIETY OF CARDIOLOGY &  
TURKISH HYPERTENSION AND KIDNEY  
DISEASE ASSOCIATION  
ST.PETERSBURG / RUSSIA**

**03-05 OCTOBER 2015**

**ALMAZOV CENTER  
ST.PETERSBURG / RUSSIA**



### **RUSSIAN SOCIETY OF CARDIOLOGY**

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## SCIENTIFIC PROGRAM

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### 03 OCTOBER 2014 SATURDAY

**09:00-12:15** DYSLIPIDEMIA

**Modaretor:** Dr. Yunus Erdem  
Dr. Olga Bolshakova

**09:00-09:45** Dyslipidemia and cardiovascular risk correlation  
**Speaker:** Dr. Enver Atalar

**09:45-10:30** Dyslipidemia treatment Approach in Russia  
**Speaker:** Prof. Olga Bolshakova

**10:30-10:45** Coffee break

**10:45-11:15** LDL-K treatment algoritma according to current  
guidelines  
**Speaker:** Dr. Enver Atalar

**11:15-11:45** What is the superioties of rosuvastatin on  
dislipidemia treatment?  
**Speaker :** Dr Enver Atalar

**11:45-12:15** Discussion  
**Speaker:** Dr. Enver Atalar,  
Dr. Olga Bolshakova

**12:15-13:30** Lunch Time



## SCIENTIFIC PROGRAM



### **13:30-15:30 HYPERTENSION**

**Moderators:** Dr. Enver Atalar  
Dr. Nadezhda Zvartau

**13:30-14:15** Importance of hypertension and Blood Pressure Control

**Speaker:** Dr. Yunus Erdem

**14:15-15:00** Hypertension treatment approach in Turkey according to last journals and guidelines

**Speaker:** Dr. Bülent Altun

**15:00-15:45** Hypertension treatment approach in Russia according to last journals and guidelines

**Speaker:** Dr. Nadezhda Zvartau

**15:45- 16:30** Rational Use Of medicine

**Speaker:** Dr. Enver Atalar

**16:30-16:45** Q&A

**16:45-17:00** Closing

## SCIENTIFIC PROGRAM

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**04 OCTOBER 2014, SUNDAY**

**09:00-12:30** CARDIOVASCULAR PROTECTION

**Moderators:** Dr. Enver Atalar

**09:00-09:45** 2015 Hypertension Guideline of Turkey

**Speaker:** Dr. Yunus Erdem

**09:45-10:30** Optimal Treatment in Hypertension

**Speaker:** Dr. Bülent Altun

**10:30-10:45** Coffe Break

**10:45-11:30** Angiotensin receptor blockers in hypertension treatment and cardiorenal protection

**Speaker:** Dr. Bülent Altun

**11:30-12:15** What is the superioties of candesartan on hypertension treatment?

**Speaker:** Dr. Yunus Erdem

**12:15-12:30** Discussion

**12:30-14:00** Lunch Time



## SCIENTIFIC PROGRAM



**14:00-14:45 CASE DISCUSSION-I:** Hypercholesterolemia treatment in Low, Middle and high CV risk profiles

**Moderators:** Dr. Bülent Altun

**Speakers:** Dr. Yunus Erdem  
Dr. Enver Atalar

**14:45-15:00** Q&A

**15:00-15:45 CASE DISCUSSION-II:** Hypertension treatment in Low, Middle and high CV risk profiles

**Moderators:** Dr. Enver Atalar

**Speakers:** Dr. Yunus Erdem  
Dr. Bülent Altun

**15:45-16:00** Q&A

**16:00-16:30** Closing

### MEETING LANGUAGE

Meeting's languages are Turkish and English. Attendants are going to be provided with simultaneous translation.

### INVITATION LETTER

All participants who have completed their registration are going to receive an invitation letter on demand. This invitation letter only aims to assist the attendants regarding asking permission from their institution.

### NOTES FOR YOUR ATTENTION

- Before arrival to Russia, mobile phones need to be unblocked for international calls.
- Participants with tax liability are not allowed to travel abroad.
- Participants need to be at the airport 2,5 hours prior to their flight.
- For international flights, passports' expiry dates must be 6 months ahead the date of departure.
- Visa is not demanded by Russia for Turkish citizens.
- Russian currency is Ruble (RUB). And in order to exchange Euro and Dollar into Ruble, banks and exchange offices at the airport and city center can be used.

## CORRESPONDENCE ADDRESSES

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## SCIENTIFIC SECRETARIAT

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## MEETING VENUE

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